



# Healthy Women, Healthy Hoosiers

Healthcare Practice Across the Lifecourse

## WHEN

Friday, October 7, 2011

## WHERE

Marten House Hotel and Lilly Conference Center  
86<sup>th</sup> Street, Indianapolis

<http://www.martenhousehotel.com/>

## WHAT

This first annual conference, focusing on three provider-selected women's health issues of concern, aims to gather local and national experts to convene and discuss strategies with other professionals working to improve women's health in our State and enhance knowledge/skills to better serve the needs of clients with culturally-specific challenges.

## REGISTRATION DEADLINE

Friday, September 30<sup>th</sup>

A limited number of on-site registrations will be allowed, space permitting, on October 7. To register online, [click here](#). Questions? Call Morgan McGill, OWH Director: 317-233-2170.

## Register Now!

### Conference Registration Fees

**\$95** for physicians wishing to receive CME credits

**\$60** for all other health professionals

(Including physicians not seeking CME credits)

**\$60** for students with student ID

(Students presenting posters receive half off this registration fee!)

### Continuing Education Credits

CEUs approved for Substance Abuse

Counselors through ICAADA, CMEs

approved for physicians through IU School

of Medicine, CEUs approved for social

workers through MAPHTC, and CHES CEUs

approved through InSOPHE.

### Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Indiana University School of Medicine and Indiana State Department of Health. Indiana University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

### Designation Statement

Indiana University School of Medicine designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Faculty Disclosure Statement

In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support, educational programs sponsored by Indiana University School of Medicine (IUSM) must demonstrate balance, independence, objectivity, and scientific rigor.

All faculty, authors, editors, and planning committee members participating in an IUSM-sponsored activity are required to disclose any **relevant financial interest or other relationship** with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services that are discussed in an educational activity.

### Note

While it offers CME credits, this activity is not intended to provide extensive training or certification in the field.

# Schedule & Speakers

Schedule & speakers subject to change

**Amy Ricke, MD**  
Department of Psychiatry  
Indiana University School of Medicine

**Calvin E. Roberson Jr., MHA, MPH**  
VP of Planning & Program Development  
Indiana Minority Health Coalition, Inc.

**Camille A. Kalil**  
Director of Tobacco Treatment  
Tobacco Prevention & Cessation Division  
Indiana State Department of Health

**Dean L. Babcock, BSPA, MSW,**  
Associate Vice President  
Midtown Community Mental Health Center

**Gayla C. Winston**  
President, CEO  
Indiana Family Health Council, Inc.

**Gregory N. Larkin, MD, FAAFP, FACOEM**  
Indiana State Health Commissioner  
Indiana State Department of Health

**James Nocon, MD, JD**  
Associate Professor Clinical Obstetrics  
& Gynecology  
Indiana University School of Medicine

**Jeff Rothenberg, MD, MS**  
Associate Professor of Clinical Obstetrics  
& Gynecology  
Indiana University School of Medicine

**Joanna Clark, RN**  
OB/Women's Health Floor Supervisor  
Prenatal Substance Use Prevention Program

**Julie Szempruch, RN, CNS**  
Associate VP & Chief Nursing Officer  
Midtown Community Mental Health Center

**Kathleen M. O’Leary, MSW**  
Acting Chief, Women’s Program  
Office of Research on Disparities and  
Global Mental Health  
National Institute of Mental Health

**Lee A. Learman, MD, PhD**  
Clarence E. Ehrlich Professor  
Chair, Department of Obstetrics  
& Gynecology  
Indiana University School of Medicine

**Men-Jean Lee, MD**  
Director, Maternal-Fetal Medicine  
Associate Professor  
Department of Obstetrics & Gynecology  
Indiana University School of Medicine

**Michelle D. Hoersch, MS**  
Office on Women’s Health  
U.S. Department of Health & Human  
Services, Region V

**Stephen L. Everett, MS**  
Director of Programs  
Indiana Family Health Council, Inc.

**Terrell Zollinger, DrPH**  
Department of Public Health Professor  
Director, Epidemiology & Environmental  
Health Division

**Virginia A. Caine, MD**  
Director, Marion County Public  
Health Department



TIME	ACTIVITY
8:00 - 8:30	Registration and Breakfast
8:30 - 9:00	Welcome from Gregory N. Larkin, MD and Virginia A. Caine, MD
9:00 - 10:00 9:00 - 9:20 9:20 - 10:00	Plenary Sessions Calvin E. Roberson Jr., MHA, MPH Men-Jean Lee, MD
10:10 - 11:40	Morning Session: Track I, II, III
11:50 - 1:20 12:15 - 12:30 12:30 - 1:10 1:10 - 1:20	Lunch and Entertainment Introduction: Mary Weber Keynote: Lee Learman, MD, PhD Masala Bangra Dance Demonstration
1:30 - 3:00	Afternoon Session: Track I, II, III
3:15 - 4:00	Violence Against Women Panel
4:00 - 5:00	Networking

## Three Breakout Session Tracks:

The morning breakout **will be repeated** in the afternoon. Attendees will choose a breakout session on one of three topics — each topic will have a session directed at physicians/ providers and a session aimed at meeting the needs of public health professionals and other healthcare providers, for a total of **six choices**. Please feel free to mix and match according to your individual and professional needs. At the conclusion of this program, participants should be able to:

### 1 Interconception and Preconception Health

- Discuss strategies for integrating the message of healthy lifestyle = positive pregnancy outcomes into patient care
- Explain how to integrate Reproductive Life Plan and preconception counseling into patient education
- Define how medication exposures, maternal diet, diabetes control, and obesity affect pregnancy care

### 2 Mental Health and Wellness in Women and Girls

- Examine basic principles of treating women with psychiatric medications during pregnancy and lactation; overview of perinatal mood disorders
- Identify which patients need emergency evaluation and/or immediate referral; learn screening best practices and suggestions how to integrate into patient care
- Review current National Institutes of Mental Health funded research
- Define the principles and strategies of trauma-informed care and understand the impact of trauma on women and girls

### 3 Prenatal Substance Use

- Apply new strategies for dealing with opioid prescription drug use
- Indicate the basics of identifying addictions in women and managing opioid dependency during prenatal, intrapartum and breast feeding stages
- Understand and identify services available for substance-using women/pregnant women
- Discuss the explosion of opioid prescription drug use in past two years, plus data collection and prevention efforts

## Cultural Competency

In addition to the three session topics, the conference will have an overarching theme on cultural sensitivity. At the conclusion of this program, participants should be able to:

- Review best practices for engaging minority and ethnic populations in their healthcare
- Examine strategies for improving access to diverse populations and for improving communication with diverse populations

## Focus Panel on Violence Against Women

A panel of experts from statewide organizations will examine various violence against women issues, including lessons on working with women from various cultures and tips on screening and referral practices for working with victims of violence.

### Panelists:

**Anita Carpenter, MA**  
CEO  
Indiana Coalition Against Sexual Assault

**Caroline Fisher, RN, SANE**  
Director of Center of Hope  
St. Francis Hospital

**Laura Berry, MA**  
Executive Director  
Indiana Coalition Against Domestic Violence

**Connie Benson**  
Shelter Director  
Hoosier Hills PACT

**Darla McKeeman, PhD, HSPP**  
Director of Client Services and Training  
Turning Point Domestic Violence Services